

## CLAIMS

- 5 1. An article of headwear having a crown which has an outer part of crown shape, and an inner part of crown shape of a size and shape adapted to and nesting with the outer part and at least one intermediate part which is positioned to be intermediate the said outer and inner crown parts and which outer and inner parts are together adapted to support in removable fashion the intermediate part, and where the intermediate part is comprised of at least in the main a fluid.
- 10 2. An article of headwear as in the immediately preceding claim further characterized in that the fluid is held in one or more pliable pouches which are arranged to be removable and replaceable.
- 15 3. An article of headwear as in the immediately preceding claim further characterized in that the fluid is a freezable gel.
4. An article of headwear as in any one of the immediately preceding 3 claims further characterized in that there is a further part which is comprised of at least in the main an insulating material which is positioned between the intermediate part and the outer part .
- 20 5. An article of headwear as in any one of the immediately preceding 4 claims further characterized in that the inner part is an impact resistant material.
6. An article of headwear as in any one of the immediately preceding 3 claims further characterized in that the further part is a pliable and insulating material.
- 25 7. An article of headwear as in any one of the immediately preceding 6 claims further characterized in that the intermediate part includes pliable plastics material sheet holding therewithin a freezable gel.
8. An article of headwear as in any one of the immediately preceding 7 claims further characterized in that there is a peak or brim extending

outwardly from the outer part of the crown from a rim of the crown shape of the outer part.

- 5 9. An article of headwear as in any one of the immediately preceding claims further characterized in that the inner part is a cradle or harness having a lower rim interengaging with the outer part and supporting at least one strap extending from one side of the rim portion to an opposite side of the rim portion.
- 10 10. An article of headwear having a crown which has an outer part of crown shape, and an inner part of a size and shape adapted to and nesting with the outer part and at least one intermediate part which is positioned to be intermediate the said outer and inner crown parts and which outer and inner parts are together adapted to support in removable fashion the intermediate part, and where the intermediate part is comprised of at least in the main a frozen gel.
- 15 11. An article of headwear as in claim 10 further characterised in that there is a further part positioned between the intermediate part and the outer part which is comprised of at least in the main an impact resistant material.
- 20 12. An article of headwear as in either one of the immediately preceding claims further characterised in that the inner part is an impact resistant material.
- 20 13. An article of headwear in which there is attached to the outer part of the crown a peak extending outwardly from a rim of the crown shape of the outer part.
- 25 14. An article of headwear as in any one of the preceding claims in which there is attached to the outer part of the crown a peak or brim extending outwardly from a rim of the crown shape of the outer part.
- 25 15. An article of headwear as in any one of the preceding claims 1-13 in which there is attached to the inner part of the crown a peak or brim extending outwardly from a rim of the outer part.
- 30 16. An article of headwear as in any one of the preceding claims further characterised in that the inner part is a cradle having a lower rim

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interengaging with the outer part and supporting at least one strap extending from one side of the rim portion to an opposite side of the rim portion and following the path defining a crown shape nesting within the outer part.

- 5      17. An article of headwear as in any one of the preceding claims further characterised in that the outer part is comprised of a woven fabric.
18. An article of headwear as in any one of the preceding claims except the last claim further characterised in that outer part is comprised of a stretch fabric.

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